TFR Driver Training 3 Agenda

|  |  |  |
| --- | --- | --- |
| Friday November 17, 2023, 1:00pm – 6:00pm | | |
| **Time** | **Event** | **Name Sign-up** |
| 1:00pm – 1:15pm | Team Meeting | All |
| 1:15pm – 2:00pm | Car prep / Track setup | All |
|  |  |  |
| **Session 1 – Braking Warm Up** | | |
| 2:00pm – 2:20pm | Car shake down / Driver 1 |  |
| 1:50pm – 2:00pm | Change drivers |  |
| 2:00pm – 2:20pm | Driver 2 |  |
| 2:20pm – 2:30pm | Change drivers |  |
|  | | |
| **Session 2 – Shifting** | | |
| 2:30pm – 2:50pm | Driver 1 |  |
| 2:50pm – 3:00pm | Change drivers |  |
| 3:00pm – 3:20pm | Driver 2 |  |
| 3:20pm – 3:30pm | Change drivers |  |
|  | | |
| **Session 3 – Slalom** | | |
| 3:30pm – 3:50pm | Driver 1 |  |
| 3:50pm – 4:00pm | Change drivers |  |
| 4:00pm – 4:20pm | Driver 2 |  |
| 4:20pm – 4:30pm | Change drivers |  |
| 4:30pm – 4:30pm | Break / Review | All |
|  |  |  |
|  | **Session 4 – Features Course** |  |
| 5:00pm – 5:20pm | Driver 1 |  |
| 5:20pm – 5:30pm | Change drivers |  |
| 5:30pm – 5:50pm | Driver 2 |  |
| 5:50pm – 6:00pm | Pack up |  |

Notes:

* Charge radios
* Test headphones
* Break into sub-teams
* Everyone needs a task
* Driver performance
  + Coaching notes
  + Driver notes

Fred

* Shake down
* Brake warm up
* Cone course

Kaci

* Shifting
* Brake warm up
* Cone course

Bern

* Clutch
* Braking
* Shifting